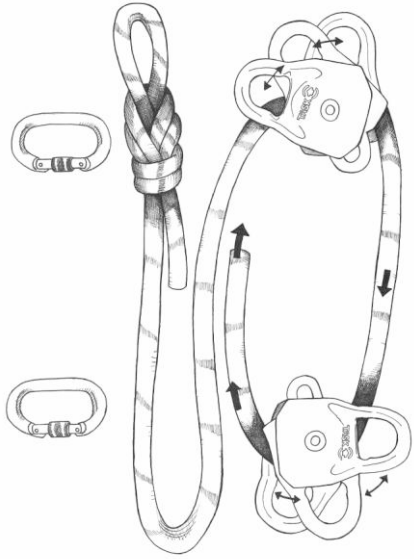


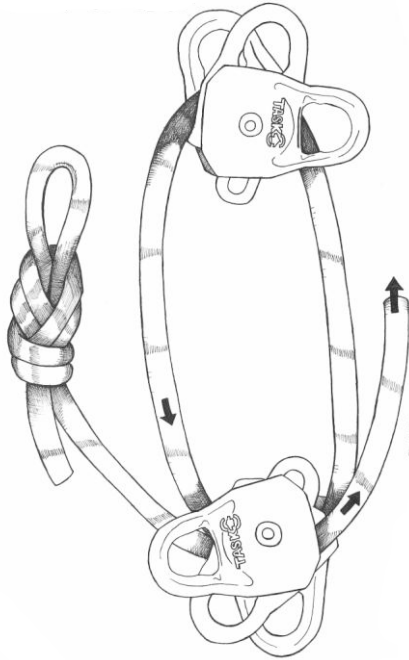


**MONTANDO O SISTEMA 4X1**

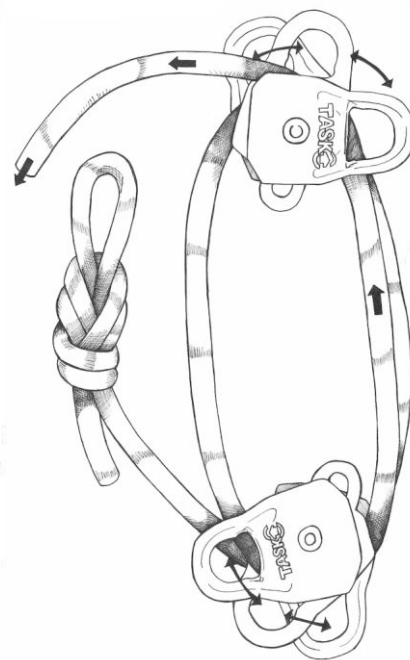
**PASSO 1**



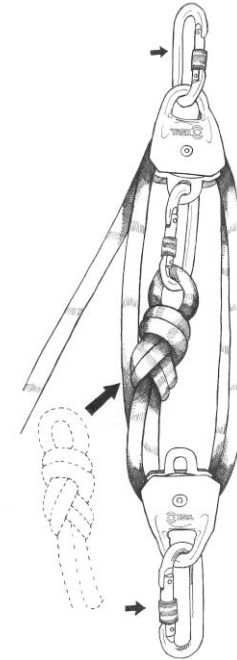
**PASSO 2**



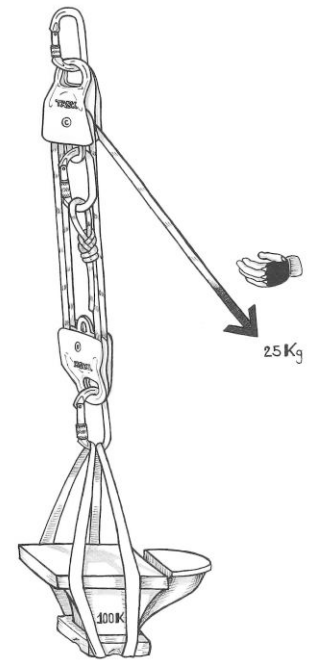
**PASSO 3**



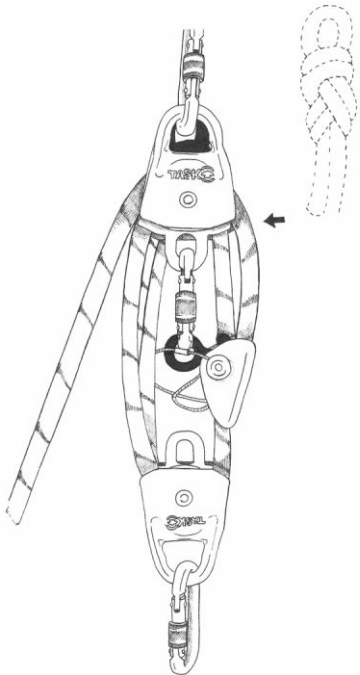
**PASSO 4**



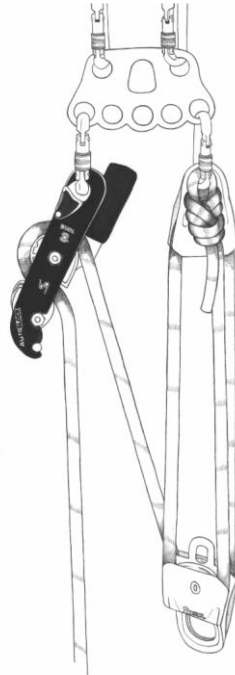
**FORÇA UTILIZADA NO SISTEMA 4X1**



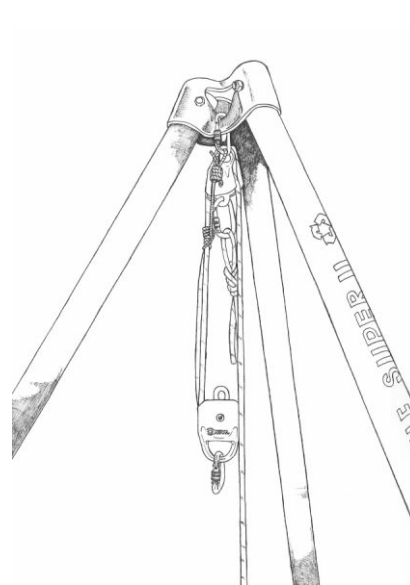
**SISTEMA 4X1 COM ROPE GRAB**



**SISTEMA 4X1 COM AUTOBLOCK**



**SISTEMA 4X1 NO TRIPÉ COM PRUSSIK**



**UTILIZAÇÃO ILUSTRAÇÃO A**

